## **Guide to Reflecting on the Development Connection Experience**



**CEB Learning & Development Leadership Council** 

## EMPLOYEE REFLECTIONS WORKSHEET

**Instructions:** Provide your direct report with this worksheet to complete before you both meet to discuss his/her development connection experience.

| Questions to consider:                                                                                                             | Your thoughts: |
|------------------------------------------------------------------------------------------------------------------------------------|----------------|
| What surprised you the most about this experience?                                                                                 |                |
| What was your biggest takeaway from the experience?                                                                                |                |
| Of the examples your connection gave you<br>on how to address your development areas,<br>which areas will you focus on practicing? |                |
| What will you do differently tomorrow as a result of this experience?                                                              |                |
| What are your next steps with this particular development connection?                                                              |                |
| What other development areas will you need to keep working on?                                                                     |                |
| How can you transfer some of what you learned to the rest of the team?                                                             |                |

Source: CEB analysis.

## MANAGER DEBRIEF WORKSHEET

**Instructions:** Use this worksheet during the debrief conversation with your direct report to track his/her reactions and follow-up items from the connection experience.

| Questions to consider:                                                                | Your thoughts: |
|---------------------------------------------------------------------------------------|----------------|
| How did my direct report react to the experience?                                     |                |
| Did my direct report gain what they needed from the experience?                       |                |
| What did I do well to facilitate this connection?                                     |                |
| What could I have done differently?                                                   |                |
| Is there someone else that might have been<br>a better fit for this development area? |                |
| What other development areas might benefit from a different connection experience?    |                |
| How will this experience affect my direct report's influence on his/her broader team? |                |
| What did I learn from facilitating this connection?                                   |                |

Source: CEB analysis.