

UNDERSTANDING YOUR BABY AND TODDLER

Webinars presented by:
M. Jane Heinig, PhD, IBCLC

Understanding Your Baby

May 12th noon-1PM [REGISTER](#)

Most parents learn hunger cues quickly! Did you know your baby can use cues to communicate many other needs? In this webinar, you will learn about infant cues, many reasons why babies cry, and how infant sleep patterns change as they get older.

Understanding Your Toddler

May 24th noon-1PM [REGISTER](#)

Taking care of toddlers is a big challenge. Understanding key developmental changes that happen between 6 months and 3 years can make it a little easier. In this webinar, you will learn 6 developmental changes that can explain a lot of challenging toddler behaviors and give you the tools to help toddlers be more calm and cooperative.

Dr. Jane Heinig is a faculty member in the Department of Nutrition, where she specializes in outreach and education related to public health nutrition, maternal and child nutrition, and infant behavior. She received her PhD in Nutrition Science from UC Davis and has been an International Board Certified Lactation Consultant (IBCLC) for 30 years. Dr. Heinig is the Executive Director of the UC Davis Human Lactation Center, and Program Director for the Masters' Degree Program in Maternal and Child Nutrition at UC Davis.

